



Post-questionnaire Workshop # 2
It Takes a Village: Giving our babies the best chance

This questionnaire is de-identified. Please answer the questions on your own and be honest.

1. Preconception health is (*Check ONLY ONE box*)

- ☐ Taking steps to get healthy before pregnancy
- ☐ Promoting the health of women of reproductive age before conception
- ☐ A woman's health before she becomes pregnant
- ☐ All of the above
- ☐ Not sure/Don't know

2. How confident do you feel talking with family members about pregnancy and birth-related issues? (*Circle the number that best represents you*)

Not at all confident

1

2

3

4

Extremely confident

5